

Dishwalla added to Seabee Days entertainment line-up



Naval Base Ventura County (NBVC) is pleased to announce the addition of the band Dishwalla to the entertainment line-up for the 2002 Seabee Days. Dishwalla is scheduled to perform Saturday, July 27 at 2 p.m. Admission is free.

Dishwalla refer to themselves as marvels for a number of reasons, not the least of which is their ability to write music that elevates the personal to the universal. Their signature sound—a swirling blend of softly curved melodies and resonating guitars—is rich with images that connect with subtle emotional power and stunning musical clarity.

The Santa Barbara-based band made quite a splash a few years back with *Pet Your Friends*, a mix of pop savvy and soulful rock grind. Fueled by the smash hit single “Counting Blue Cars,” the album blazed onto the pop charts and blanketed rock radio, with the video garnering heavy play on MTV and VH1. The group toured extensively in support of the record, including jaunts with Sheryl Crow, Blind Melon and the Goo Goo Dolls, while also appearing on nationally televised programs such as “The Tonight Show with Jay Leno” and “Late Night With Conan O’Brien.”

When all was said and done, their critically-acclaimed debut had sold more than a million copies and earned them a Billboard award for “Rock Song of the Year.”

In 1998, the road-tightened quintet expanded on the promise of their first album with their second disc, *And You Think You Know What Life’s About*. In an industry where timing is crucial, the album was released in the midst of a much-publicized label merger. The band maintained momentum through touring—including a performance at Woodstock ’98—and by contributing songs to a number of soundtracks including “The Avengers” (“Truth Serum”), “Stir of Echoes” (“Stay Awake”) and “American Pie” (“Find Your Way Back Home”).

In addition, they recorded a stunning rendition of “Policy of Truth” for 1998’s Depeche Mode tribute disc, *For The Masses*.

The new album *Opaline*, is Dishwalla’s first recording for new label *Immergent Records*. “People are drawn to Dishwalla’s music because of the emotion and insight of their songs,” says Mark Mazzetti, *Immergent*’s senior vice president of A&R. “Like their first two records, this album is rich in its lyrical content, tone and melody. I believe the new songs will captivate Dishwalla fans and appeal to an even broader audience.”

Opaline also marks Dishwalla’s first recording with drummer Pete Maloney (Tonic, Josh Clayton Felt), a former session player who joined the band during their last tour. Produced by Gregg Wattenberg (Five For Fighting, “The Sopranos” soundtrack), *Opaline*, combines sharp wordplay, sprawling sing-along melodies, lush textures and dynamic backbeats to overwhelming effect.

The 2002 Seabee Days will feature a variety of fun things to see and do for the whole family. This year’s activities include a full dress military parade, hands on and static displays of military equipment, live music, car and motorcycle show, food and vendor booths, a carnival and much more. Admission and parking are free and open to the public.

Please note that NBVC Port Hueneme has heightened security measures in place. All vehicles and personnel entering the base are subject to search. Prohibited items include, but are not limited to: coolers, backpacks, skateboards, bicycles, glass containers, pets, alcohol and weapons. The cooperation and patience of guests is greatly appreciated.

For more information on Seabee Days and registration forms, please call the Seabee Days hotline at 805-982-6000 or visit the Seabee Days webpage at www.ncbc.navfac.navy.mil.

NBVC to host 4th of July Fireworks

Kick back, and enjoy the show at the 4th Annual Fireworks By the Sea 4th of July celebration. Once again, Naval Base Ventura County’s Port Hueneme Base will be the launch site for the Oxnard Harbor District’s 4th of July celebration.

All base employees are invited to view this professional fireworks display from the privacy of the Port Hueneme Base. Bring a picnic dinner and your favorite lawn chair, and join the fun at the running track located next to the BeeHive sports center next to the Hueneme Golf Course.

Cost of this event is free and open to those persons with base access only. Due to heightened security measures, base access will be limited to those vehicles with base stickers or pre-issued passes. No base passes will be issued for fireworks viewing. Base access will be restricted to only properly identified vehicles after 5 p.m. on July 4, unless proper security arrangements have been made in advance and arriving parties are on the official guest list at the gates. All existing security measures, i.e. badge checks and vehicle searches will be in effect on July 4.

Please enter through the Sunkist Gates. Security officers will direct you to parking. Please plan to view the fireworks only from the approved areas. Vehicles parked in unauthorized areas, or people in areas unapproved for fireworks viewing will be removed from the base.

For more information, please call Sarah Burford at the NBVC Public Affairs Office at 982-2060.

Seabee Days to have classic car show

NAVAL BASE VENTURA COUNTY, Calif. – The days of James Dean and drive-ins may be a thing of the past, but you can relive the memories at the 2002 Seabee Days Car Show, Sunday, July 28, at the Naval Base Ventura County, Port Hueneme Base.

This year’s car show features 16 categories of show cars including Street Rods, Custom Sleds, Muscle Cars, Imports and Racers. Bring the family and enjoy the beauty or enter your own custom showpiece. Trophies will be awarded for each category.

Applications for show entries are being accepted. Registration cost is \$15 per vehicle before Saturday, July 14, and \$20 per vehicle from July 14 to the date of the show. Please call (805) 982-2097 for more information on the car show or for application information.

Zero-tolerance policy making great strides

By CNP Public Affairs

WASHINGTON – With the lowest drug usage rates in 21 years, the Navy is making great strides toward its goal of zero percent drug use among Sailors.

The cornerstone of the Navy's success with its zero tolerance drug abuse policy is an aggressive and random urinalysis program.

In the first seven months of fiscal year 2002 the Navy's drug positive rate was 0.62 percent compared to 0.77 percent during the same timeframe in FY01. There have been 43,000 more Sailors tested so far this year than last year, yet 499 fewer Sailors have tested positive.

"Despite the success to date, we must continue to press until the positive rate gets to and stays at 0.00 percent," said Chief of Naval Personnel Vice Adm. Norb Ryan Jr. "The Navy's commitment to a drug-free Navy will remain strong."

Every Sailor and officer is required to participate in random drug testing. Each command must test a minimum of 10 percent of all personnel assigned each month and conduct one annual unit sweep. However, most commands are leaning toward testing 20 percent of their command each month and conducting two annual unit sweeps.

Additionally, there are no waivers to the testing policy and each

command must comply, whether deployed or not.

Effective tools are part of the formula leading to the Navy's zero tolerance policy success. Some of the Navy's strongest tools are abuse prevention courses.

Drug and Alcohol Program Management Activities (DAPMAS), located in San Diego and Norfolk provide abuse prevention courses to the fleet. The courses include personal responsibility and values education and training (PREVENT), alcohol drug abuse managers/supervisors (ADAMS) training, drug and alcohol program advisor (DAPA), urinalysis program coordinator (UPC) and Navy drug screening program (NDSP) training. These tools and resources are provided to help leadership's deck plate efforts to eliminate drug abuse.

"I ask for your continued leadership in ridding our ranks of this menace called drug abuse," said Ryan.

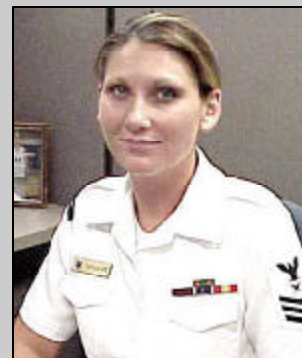
For additional information or to obtain command specific training contact your respective DAPMA. Commands located west of the Mississippi River and assigned to Pacific Fleet can reach DAPMA San Diego at DSN 522-4964. Commands east of the Mississippi River and assigned to Atlantic Fleet and European commands can reach DAPMA Norfolk at DSN 564-8190. Additional information on Navy alcohol and drug abuse prevention program is available at: <http://navdweb.spawar.navy.mil>.



CECOS Sailor wins MWR trip

PORT HUENEME, Calif. – Navy Personnel Command, MWR Division announced YN1 Tara Souders, USNR, at Naval School, Civil Engineer Corps Officers one of ten Grand Prize winners in the "2002 Celebrate a Monumental Fourth Contest." The Navy-wide contest consisted of answering several multiple choice trivia questions and providing a 50-word essay on a birthday wish to America.

YN1 Souders and her guest will enjoy a 7-day trip to Washington, D.C., for the Independence Day holiday. They will enjoy four-star accommodations, complimentary meals and spending money. The itinerary also includes sightseeing tours and the spectacular 4th of July fireworks show on the Mall in our nation's capital.



YN1 Tara Souders

The Lighthouse

The Official Newspaper of the Ventura County Navy Community

Naval Base Ventura County

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Chief Staff Officer.....Capt. Robert J. Westberg Jr.
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CNRSW Rear Adm. Betancourt visits NBVC

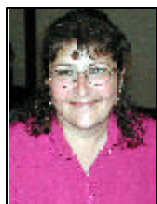


PH3 Brian Bynem

MWR Site Manager Doug Gilchrist (left), Commander Navy Region Southwest Rear Adm. Jose Betancourt (center), NBVC Commanding Officer Capt. Jim Rainwater (right), and Point Mugu Gym Manager Nick Medrano (third from left) were all present for the new Fitness Center ribbon-cutting during Betancourt's recent visit to tour NBVC. Betancourt is currently scheduled to tour all Navy Region Southwest bases.

If you should ask me...

Where are you planning to watch the July 4 fireworks?



"Ventura College in Ventura. Last year, I saw the fireworks over the Ventura Pier."

Irma Gardea, NBVC Housing

"My backyard. I live at the beach near Mugu and I see the fireworks over the ocean."



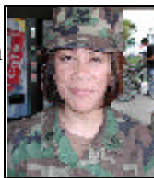
James "Smitty" Smith, CBC Bowling Ctr.



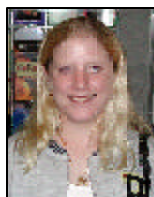
"I'll be visiting my parents in Las Vegas, so I'll probably watch some there."

Tech Sgt. Tyrone Leekins, Channel Island ANG

"I'll be in Santa Barbara at a high school stadium."



HM1 Sandra Cosico, NMCB-4



"Every 4th of July I find a fireworks display somewhere. This year won't be any different."

MSSA Joyce Jenkins, NBVC

"I'll be watching them with my girlfriend in Niagra Falls, N.Y."



EOCN (SCW) Richard Winney, NMCB-5

Community Calendar

Seabee Days Sporting Events

Team size for these competitions is limited, so sign-up early. For more information or to register, please call 982-4749.

4 on 4 open Basketball Tournament:

Sunday, July 28, 9 a.m. Entry fee is \$10. This double elimination tournament will offer awards to the top two teams.

Softball Tournament:

Saturday, July 27, 1 p.m. This tournament is open to a maximum of 12 teams. Cost is \$100 per civilian team, military teams free. This single elimination tournament will follow ASA rules with tournament modifications. Prizes will go to the top two finishers.

4 on 4 Sand Volleyball Tournament:

Sunday, July 28, 10 a.m. This double elimination tournament is open to all teams with entry fee of \$10 for civilian teams. Military teams free. Prizes will go to the top two finishers.

Ship To Shore Four Mile Run:

Sunday, July 28, 9 a.m. This four mile fun run will begin on the Port Hueneme base and follow a course around the port. Cost of the run is \$10 for active duty military and \$15 for civilian runners. T-shirts will be awarded to each runner. Runners in each of the top two finishers in each category will receive prizes.

Boxing Exhibitions:

Sunday July 28, noon. All fighters must be USA Boxing certified and qualify for the following weight classes; 119, 125, 132, 139, 147, 156, 165, 178, 201, 201+. Cost is \$40 for civilian boxers. Military free. All boxers must be preregistered and must sign up through Kevin Ludwig at the Warfield gymnasium (805) 982-4749. USA boxing rules and officials will be used for the boxing exhibition.

Red Cross Volunteerism

Top quality training programs are available to county residents interested in participating with the local Red Cross in making disaster response services available.

Volunteer training begins with participation in one of the monthly Volunteer Orientation classes. Classes are from 6:30 to 8:15 p.m. and are held at a variety of locations throughout the county.

Call (805) 339-2234 ext. 288 for registration and information or access the chapter web site at www.arcventura.org.

National Motorcycle Ride to Work Day

Wednesday, July 17 is National Motorcycle Ride to Work Day. The purpose of this is to decrease the number of collisions between cars and motorcycles by increasing drivers' awareness of motorcycles. Also, the weather is great and riding is fun, so get your bike out and ride to work July 17.

NBVC Town Hall Meeting

Meet The Command. Come one, come all to the NBVC Town Hall Meeting scheduled for 6 p.m., Wednesday, July 17 at the Youth Center, Camarillo. Don't forget to bring your concerns and questions.

Play group offered

Port Hueneme play group is every Thursday, 11 a.m. to noon, in classroom A at the Fleet and Family Support Center, Bldg. 1169. Point Mugu's play group meets Tuesdays 9-11 a.m. at the Mugu chapel.

Moms and dads are encouraged to bring their children infant to 4 years. Bring yourself and your little one(s) to share some fun with other parents and their children. Bring some toys and blankets to sit on, and a sense of fun.

This program is run by volunteers in an effort to give parents some time to enjoy adult conversation. For contact info, call or stop by the Fleet and Family Support Center, Bldg. 1169, Port Hueneme. Main info line is 982-5037. No registration is necessary for the play group.

CPOA Dependent Scholarships

The Point Mugu Chief Petty Officer Association (CPOA) is offering four \$500 scholarships for military dependents. The scholarships are for the 2002/2003 academic school year. Applicant must be a military dependent of an active duty E-1 through E-9 sponsor who is stationed at the NBVC Pt. Mugu complex or a dependent of any member in good standing with the Point Mugu CPOA.

The two categories are "Military Dependent" and "High School Senior Military Dependent" with GPA prerequisites of 3.0 and 3.2 respectively. Applications must be received by July 12, 2002 and scholarship recipients will be notified by Aug. 3, 2002. Application forms can be obtained at the Point Mugu Library and at the Navy College Office.

Supply Corps captain makes mark in NCF logistics



Capt. Anthony Steigelman is piped ashore for the last time accompanied by his wife, Christine. "Rainbow Sideboys" an aviation tradition, are dressed in the shirts and headgear of flightdeck crew on an aircraft carrier.

Official U.S. Navy photo

**By L. J. Guarnero, CECS (SCW)
and Linda J. Wadley**
CBC Public Affairs

Capt. Anthony Steigelman, who retired after a distinguished 30-year career in the Navy on June 25, will long be remembered for his significant contributions to Seabee logistics management and standardization.

After a varied career as a Supply Corps officer serving numerous sea duty billets most recently on the *USS Enterprise* (CVN 65) and a range of shore duty tours, his last assignment placed him as the assistant officer in charge at the Seabee Logistics Center (SLC) in 1998. Tasked with managing logistic requirements for equipment and material for the Naval Construction Force and other Expeditionary Forces, Steigelman brought his experience and expertise to bear.

His efforts contributed to the current transition from Seabee "unique" supply systems that manage the immense inventory of material and equipment to standard Navy Supply systems which integrates the forces with the fleet.

The Logistics Improvement Roadmap (LIR), initiated by leaders of the NCF just a year ago, is the blueprint that implements logistic improvements within the NCF over the long term incorporating full life cycle management for equipment and material.

Steigelman developed several programs for the NCF, now part of the LIR. He initiated and pushed for development of the Material Maintenance Management system better known as 3M for the NCF. 3M will provide maintenance coverage for all the equipment

in the inventory as well as future acquisitions. Moving to 3M will put the NCF into the standard Navy system used throughout the fleets.

With the introduction of 3M, he brought Configuration Data Management to the NCF. Steigelman put together a plan to populate the Weapons System Files, and the entire Ships Configuration Logistics and Support Information System with NCF data. This information will increase maintainability and reliability of NCF assets by providing the data needed to track maintenance trends, equipment efficiency and provide cost analysis to answer the question of NCF operating cost.

The Seabees' primary mission is combat construction support for the Marine Corps. Recognizing the need to work with their primary customer, Steigelman established a coordinator and communications conduit between both organizations. The Seabees must be interoperable with the Marine Corps, supportability is key to be "user friendly". This position will ensure acquisition and support actions are mutually beneficial.

Throughout his tour with the SLC and Naval Construction Battalion Center, Port Hueneme (which assumed the mission when SLC disestablished in 2000) he enhanced the mission effectiveness of the Naval Construction and Expeditionary Forces through logistics policy and doctrine.

Grizzled and salty, Steigelman is man of principal. He stood behind his convictions always focused on the best interests of the Navy and NCF. He is a leader's leader whose contributions have made a lasting impact. Dean Sommerhauser will assume his duties as Logistics Department Director.

CECOS members receive inspection, awards, promotions

By Ed Niedzwiecki

CECOS Public Affairs

PORT HUENEME, Calif. — It was a busy morning June 13 at Naval School, Civil Engineer Corps Officers (CECOS).

At 7 a.m. CECOS Commanding Officer, Capt. Pete Saunders held a summer white uniform inspection of Basic Class #224. After the inspection, students and staff were invited to an awards and promotion ceremony.

Lt. Cmdr. Leonard W.W. Cooke, CECOS division director of Seabee training, was presented the Meritorious Service Medal for service with Naval Mobile Construction Battalion (NMCB) 133 from December 1999 to April 2002.

In part, the citation read, "...for showing superior leadership as the Operations Officer during homeports and on deployments. While serving as the Battalion Air Detachment Officer he lead Seabees in Afghanistan during Operation Enduring Freedom performing critical engineering efforts supporting

forward deployed coalition forces..."

CWO2(SCW) Michael Baldwin, a member of Basic Class #224, received the Navy and Marine Corps Commendation Medal (Gold Star in Lieu of Third Award) for meritorious service with NMCB-74 from September 1998 to April 2002. He was the maintenance officer and assistant officer in charge of a civic action team to Phonpei. In part the citation read, "...for showing superior leadership and management of the equipment maintenance program and in reducing labor cost when attached to the Civic Action Team Phonpei. He also worked closely and received high praise from the Micronesia's National Olympic Committee coordinating their Special Olympics events..." CWO2(SCW) Baldwin recently became a member of the Civil Engineer Corps (CEC) through the highly competitive Warrant Officer program.

BUCS(SCW) Robert Moons received the Navy and Marine Corps Commendation Medal (Gold Star in Lieu of Second Award) for meritorious service as course director and instructor at CECOS from January 2000 to June 2002. In part the citation read, "...Senior Chief



Left to right: BUCS Moons, CWO2 Baldwin, LCDR Cooke, IT1 Crawford, YN1 Souders.

Moons helped train over 400 junior CEC officers and 720 enlisted Seabees in project planning and tactical employment..." Senior Chief Moons will be reporting to Naval Mobile Construction Battalion 40.

struction Battalion 40.

In addition, YN2 Tara Souders and IT2(SW) Jon-David Crawford were both promoted to first class.

UCT-2 Seabee competes for Pacific Fleet SOY

By YN2 Thomas Jackson

UCT-2 Public Affairs

PORT HUENEME, Calif. – Through his hard work, CE1(SCW/SW/DV) Joseph L. Wallis was selected as Underwater Construction Team (UCT) Two Shore Sailor of the Year (SOY) for 2001. He was subsequently selected Third Naval Construction Brigade Shore SOY 2001. This title distinguishes Wallis as the top Seabee among all Naval Construction Force shore commands in the Pacific area of responsibility.

Competing at the Commander in Chief, Pacific Fleet (CINCPACFLT) level, Wallis was selected as one of three finalists for CINCPACFLT Shore SOY. In order to compete at this prestigious level, his package was screened at two separate review boards. As a finalist, the fleet master chief personally reviewed his record. Considering that over 60,000 Sailors were eligible for the competition, there is no doubt the CE1 is one of the Navy's top performers.

As part of the selection process, the fi-

nalists were flown to Hawaii for personal interviews. The one-week process included numerous briefings with the Pacific Fleet leadership and culminated with a half-hour personal interview with six CINCPACFLT admirals and regional command master chiefs. Questions asked were all opinion based about current events, leadership and Navy programs.

Just what does it take to be a SOY finalist? As UCT-2 future plans and exercise officer, Wallis consistently displays exceptional personal initiative, technical skills, leadership and professionalism. He defines and executes some of the most demanding underwater construction assignments throughout the Pacific Fleet area of responsibility. Wallis has been called upon to provide briefings to senior U.S. and foreign military officers, planners and representatives of foreign governments. At exercise planning conferences and construction project meetings, he performs superbly in tasks normally assigned to seasoned officers.

Over the past two years he has deployed to all regions of the Pacific and Indian Ocean, either independently or as liaison officer for



CE1(SCW/SW/DV) Wallis received a Navy and Marine Corps Commendation Medal from Admiral Thomas P. Fargo.

an air detachment. During these deployments, Wallis consistently demonstrated exceptional leadership skills and a "Can Do"

attitude providing numerous solutions to complex construction tasks under the most severe and isolated field conditions.

Juneteenth brings many together in celebration

By JO2 Lynn Kirby

Lighthouse Staff

PORT HUENEME, Calif.—“There are too many places today where freedom is not free. It requires a sacrifice from all and a great sacrifice from many,” said Capt. Robert J. Westberg, Naval Base Ventura County (NBVC) chief staff officer, in his opening remarks during the Juneteenth celebration here June 19. Over two hundred people came out to share in the celebration, remembering that there was a time in our country when freedom was but a dream for some.

“Most of us take freedom for granted; we’ve lived in freedom all our lives,” Westberg said. But slavery took away the freedom from so many before the day of Juneteenth, June 19, 1865. It was on this day that Major General Gordon Granger of the Union Army arrived in Galveston, Texas, declaring that all slaves were free by order of President Lincoln’s Emancipation Proclamation of January 1, 1863. He said, “The people of Texas are informed that in accordance with a Proclamation from the Executive of the United States, all slaves are free.”

“Imagine the purest joy of freedom and the hope that was in their (slaves of Galveston) hearts when they heard those four words—‘all slaves are free,’” said Air Force Capt. Scherill Johnson of Channel Islands Air National Guard (CIANG). “Juneteenth is the oldest known celebration to the ending of slavery,” she said. “It is an emphasis on education and a time of reflection and rejoicing.”

Westberg said Juneteenth celebrations across the nation are what keep America from forgetting the milestones of our country’s past. “Events like this celebration today help us to understand the history of this great nation,” Westberg



PH3 Brian Bynem

Under the direction of their coach, Linda Brown, The Sisters Daily, from left to right, Miyana, Shaunece and Shenee sing their hearts out in celebration of freedom.

said. “Freedom and preservation of the nation were the goals Abraham Lincoln devoted his life to. We must remain dedicated to those same goals,” he said.

“We came from there and now it’s time for us to step up to the plate and pass on to our children what our ancestors have passed to us,” Johnson said of educating our youth on the events of our past. “How wonderful our history—filled with joy and wrecked with misery,” she said.

The Juneteenth celebration was full of entertainment by the CIANG Band of the Southwest and The Sisters Daily. A traditional barbecue meal was served to the attendees. The celebration was a joint effort by the special emphasis committees of NBVC, CIANG, NAVAIR WD, Naval Facilities Engineering Service Center and Port Hueneme Division Naval Surface Warfare Center.

Local Girl Scouts boost morale with cookies

Story & photos by Lt.j.g. Amy Doll

VAW-117 Public Affairs

An overwhelming show of generosity and community support was recently bestowed upon Pt. Mugu's E-2C Hawkeye squadrons by several local Girl Scout troops who donated hundreds of boxes of Girl Scout cookies. The tasty cookies were sent to squadrons stationed at Pt. Mugu and to squadrons on deployment in the Northern Arabian Gulf.

Over the past few weeks, the Girl Scouts have delivered over 1,000 boxes of cookies to the VAW-117 Wallbangers to be distributed to local E-2C squadrons. The donations came from Girl Scout troops in several counties. The first donation

of 600 boxes was sent to Carrier Air Wing Nine onboard the USS *John C. Stennis* in the Arabian Gulf. The VAW-117 Wallbangers packaged the cookies in boxes that were graciously donated to them from "Staples" in Camarillo. The cookies were sent to the aircraft carrier and distributed among Air Wing personnel. The second donation of cookies was distributed by VAW-117 to E-2C Hawkeye squadrons at home here in Pt. Mugu.

With the recent increase in operations and the compressed carrier deployment schedule, the Sailors in VAW-117 and the other Hawkeye squadrons have worked long hours to maintain their high level of military readiness. The long hours at sea and away from family and friends takes its toll on squadron morale. The Girls Scouts' generosity and show of support is a great encouragement and has meant a lot to the aviators and troops.



YN3 Ronnell Bledsoe (left) and PN3 Jared Naab each hold a box of Girl Scout cookies, which by the looks of it, will soon be empty.



"Girl Scout cookies are an American tradition," stated Cmdr. C. W. Plummer, VAW-117 executive officer. The Girl Scouts donated money to purchase the cookies to express their support for our troops, but their donation went far beyond just that. The cookies are a reminder of the fine American traditions that the men and women of Hawkeye country fight to defend.

Families enjoy fun and informative fair

By Sarah E. Burford

NBVC Public Affairs

The families of Naval Base Ventura County (NBVC) and its tenant commands received special recognition from the Fleet and Family Support Center (FFSC) June 5, at the Port Hueneme Base Navy Exchange Complex.

According to Mary Anne Vernallis, Family Day Celebration Fair event coordinator, this special day was set aside to honor the military families of NBVC and was coordinated by the facilities that normally cater to the service members personal needs such as the FFSC and the Navy Ambulatory Care Facility. The idea was to not only say thanks to the families, but to also put information in their hands in a fun and entertaining environment.

"This is the fifth annual event that New Parent Support has sponsored and this has been one of the most successful. Taking the event to where people congregate at the NEX

and Commissary is a great idea and the people at the NEX and Commissary were so supportive," said Vernallis.

In addition to programs at the FFSC, more than 30 other Navy and civilian agencies offered information to participants. These included Interface Children and Family Services, Navy Marine Corps Relief Society, Oxnard College, LeLeche League, St. John's Regional Medical Center, the American Red Cross and the SIDS Foundation.

Participants walked away with smiles on their faces, some painted by clowns with greasepaint. All those attending noted the variety of information on topics such as health and fitness, parenting, continuing education and employment. Many walked away with "freebies" and door prizes. All seemed to walk away with a renewed energy.

"I believe that many people found answers to many of their concerns from people who participated today. We plan to be back again next year," exclaimed Vernallis.



Cmdr. Jean Carnahan

NBVC Fire Prevention inspector Jan Olson talks to children about fire safety in the home.

NMCB-5 puts unique spin on summer safety stand down

Story & photos by JO1 (SW) Scott Sutherland

NMCB-5 Public Affairs

PORT HUENEME, Calif. – It took some ingenious “thinking outside the box” by Naval Mobile Construction Battalion (NMCB) Five’s Safety Department when they held the summer safety stand down here.

Instead of filling Needham Theater with 600 Seabees to view slides projected on a screen, “The Professionals” set up outdoor viewing stations at nearby Bolles Field, giving Seabees the opportunity to choose what stations and lectures they wanted to attend, based upon their interests. Each Seabee received a passport that they presented to the safety instructor after completing the lecture. Each Seabee had to attend six of 10 stations and get their passport stamped, in order to complete the safety stand down requirements.

“Safety doesn’t have to be painful,” said NMCB-5 Safety Chief SWC(SCW) Jan Beamer. “It’s the first time our safety stand down has been done like this. It gave our Seabees the option to pick and choose what topics they wanted to learn all in an outdoor setting that they’re familiar with.”

Safety viewing stations were geared towards recreation and home safety, and covered such topics as motorcycles, jet skiing, all-terrain vehicles and dirt bikes, power tools, boating, bicycling, scuba diving and snorkeling, horseback riding, lawn care, skin protection and heart safety.

“Besides being different, we also tried to make it fun for our Seabees,” said Beamer.

According to Beamer, the battalion hoped that the Seabees would have a better chance to interact during the stand down. What contributed mostly to the stand down’s success, said Beamer, was that “we had the battalion’s own experts – Seabees who do these activities – presenting the information, which made it more personable.”

BUC(SCW) Brooks Hays, who made presentations at the power and manual tools station, agreed with Beamer that a hands-on safety stand down like this is “a lot better for Seabees because most of us work outside.”

From electrical saws to utility knives, Hays had a plethora of tools on display, talking about safety precautions and giving helpful hints on how to avoid injuries at home. Hays said that most injuries around the home are caused by utility knives which contain a replaceable blade. “The simplest tool causes the biggest hazard,” said Hays.

Other safety precautions, such as never scuba diving alone, or never mowing the lawn with flip-flops on, and no drinking when you operate a boat, were also presented during the morning stand down.

HT1 Carl Roscher of NMCB-5, who’s been teaching scuba diving lessons since 1994, said he preferred being outdoors for the stand down, because “it’s better than being indoors where you might fall asleep during a presentation.”

He had his personal diving gear spread out before him and his presentation contained a lot of testimonial about the tragedies that can occur when divers don’t adhere to proper safety guidelines.

Members of NMCB-5’s Safety Department had between April 1 and May 30 to present a mandatory safety stand down after Commander Naval Facilities Engineering Command Rea Adm. Michael Johnson released his summer safety message in late March. In his message, Johnson said, “Summer is the most dangerous time of the year. We have a responsibility to provide our workforce with useful summer safety information to keep our employees and their families aware of the hazard and risks brought on by the summer season.”

Besides having a unique format, NMCB-5’s safety stand down definitely contained useful safety information. Whether they’re playing on land, on water, or even in the air, NMCB-5 Seabees and their families will now be able to apply this information to have a fun, injury-free summer season.



BU1 Scottie Cox gives a jet ski presentation, a popular summer activity. Jet skis can be fun, but also dangerous if riders are not familiar with the equipment or made to be aware of others on the water, which the safety stand down is designed to convey.



UTCS Patrick Branaum (left) and BUCS David Rich talk to Seabees about motorcycle safety.

Motorcycle safety was one of ten stations NMCB-5 Seabees could visit during the stand down.



UT2 Tom Wilhorn (left) and BU3 Ward Lawrence set up their equestrian gear in preparation for giving horseback safety tips.



HT1 Carl Roscher demonstrates the proper way to don a scuba tank.

Homeport CESE turnover good practice for deployment

By NMCB-3 Public Affairs

PORT HUENEME, Calif. – Naval Mobile Construction Battalion (NMCB) Three recently completed the R46 Battalion Equipment Evaluation Program (BEEP) between NMCB-3 and NMCB-5, a major homeport evolution. Two battalions turn over responsibility for the homeport Civil Engineer Support Equipment (CESE) in the Regimental Alfa yard.

Alfa Company Commander, Lt. j.g. Allen Willey said "The troops are excited to be getting their hands dirty down at R46. What they learn here is invaluable. It enhances the current mechanical skills of all involved, enabling the troops to become assets to the command on deployment."

The process of transferring the CESE is an intricate process involving a variety of personnel. It follows a standard matrix starting with two-man teams from each battalion, a construction mechanic and an equipment operator. The teams start by inspecting the overall condition of the equipment. Then the vehicle is operationally and functionally tested to ensure reliability.

There were fifty-nine pieces of CESE turned over in a two-week period. This equipment is used to support the battalion and other homeported battalions. If any discrepancies are found, the mechanical problem is fixed or repair parts are ordered for later replacement. "This process seems straight forward, but without teamwork and a good working relationship between the two battalions it would have never gone as smoothly as it did," said EO1 Brian O'Toole.

The BEEP also provides valuable training for new personnel who will be filling the same positions when the battalion deploys to Okinawa, and must complete a BEEP involving over 300 pieces of CESE. The hands on training received during the homeport BEEP is critical as echoed by CM2 Travis Allison. "I expect to receive this high quality training so that I can become a better resource for Alfa Company and pass this knowledge to junior troops so that they will be more efficient in the upcoming Pacific deployment."



CM3 Gretchen Schafer

EOCS Gerald Peereboom, with the 31st NCR, inspects a forklift for fluid leaks and other problems with CMCN Jason Shults and CM2 Lance Harper, with NMCB-3.

Five scholarship winners chosen

The NCBC Officers' Spouses' Club (OSC) is proud to announce the five winners of their 2002 scholarship awards. Kelsey Parisi will attend the University of California, San Diego and is the daughter of retired Capt. and Mrs. Tony Parisi. Maria Anderson will be attending California State University, Northridge and is the spouse of Petty Officer Wade Anderson of VP-65. These two students were selected to receive \$1,200 OSC Scholarships to put toward their 2002-2003 college expenses.

The following three students were selected to receive \$500 OSC Scholarships to put toward their 2002-2003 college expenses. Paula Ann Collet will be attending California State University, Northridge and is the spouse of CPO Charles Collet of NSW. Christine Florick will be attending University of Michigan, Ann Arbor and is the daughter of retired Senior Chief Petty Officer Gregory Florick. Cyril Aspuria will be attending California Polytechnic State University, San Luis Obispo and

is the son of Senior Chief Petty Officer Carlito Aspuria of VAW-113.

The recipients were invited to a special scholarship presentation dinner at the Bard Mansion Officers' Club. The members of the OSC would like to congratulate the winners and wish them good luck in their future college endeavors.

In addition to the \$3,900 in scholarships, the OSC donated \$2,900 to various military, local community and national organizations. Recipients of this year's donations were NBVC American Red Cross, CEC/Seabee Historical Foundation, Leukemia and Lymphoma Society, Autism Society of America, Ventura County Veteran Stand Down, Foodshare (Ventura County's Food Bank), National Military Family Association, Make a Wish Foundation, Navy Marine Corps Relief Society, Fisher house and Navy Services Family Line.

The OSC Board would like to thank everyone who helped to make various fund raising activities so successful.

'Better than Best' Seabees improve training facilities

By Lt.j.g. M. B. Plaskonos

For NMCB-3 Public Affairs

PORT HUENEME, Calif. – Two Seabees from NMCB-3 recently took advantage of their new 9-month homeport period to provide significant improvements to a local Naval Construction Training Center (NCTC) training facility. Amidst their hectic homeport schedules of technical training, in-house military training and Seabee Combat Warfare classes, UT3 Kevin Logan and UT2 Peter Fullebrown found time to lend a hand at NCTC's crane training yard here.

The crane training area had two head facilities that were incomplete due to a shortage of manpower. Fillebrown and Logan, two of NMCB-3's hardest charging UTs and members of the battalion's Delta Company, jumped at

the opportunity to assist.

Each one of the two heads was approximately 80 square feet. Fillebrown and Logan coordinated with NCTC, who supervised their efforts, and got some superb in-rate experience.

This project involved laying new-galvanized pipe, connecting it to an existing building, and installing all of the bathroom fixtures for two heads, providing the Seabees a chance to practice such skills as soldering, pipefitting and finish plumbing. For the soldering, they had the opportunity to use the much-more-efficient MAPP gas (a combination liquefied petroleum and methylacetylene-propadiene) vice propane gas, which is the primary gas used by battalions.

Hands-on, in rate training opportunities like this are exactly what the Seabees of NMCB-3 want to mix in with their intense classroom training in homeport.

'Fab Four' Charlie Company finishes deployment with pride



Official U.S. Navy photo

BU3(SCW) Russil Perez surveys an area prior to a concrete placement at Okinawa's White Beach Naval Facility.

By BUC (SCW) George Freese

For NMCB-4 Public Affairs

CAMP SHIELDS, Okinawa – Handling everything from camp maintenance to completing major construction projects on Okinawa, Naval Mobile Construction Battalion (NMCB) Four's Charlie Company continuously strove for excellence near the end of their Far East Deployment.

Charlie Company started the deployment tasked with eight major construction projects. Their determination and "Can Do" attitude resulted in only three projects turned over.

"Our crew of 14 went over and put the finishing touches on the White Beach Retaining Wall project," said BU1 (SCW) Michael Maljevac, who followed the project to its completion in February. "We started it the last time we were here and it's a great feeling to come back and finish it. For us, that's a distinction no other battalion can claim."

Late March and early April brought more success with three more difficult projects coming to a close. UT1 (SCW) Anthony Ware and 12 Charlie Company Seabees successfully completed the installation of more than 500 feet of new sewer line, also located at Naval Facility White Beach.

"When you mention sewer line to my crew, they don't look at it as something they're a little hesitant in attempting," Ware explained. "When I told my crew

we're doing a sewer line project back in homeport, the first thing they wanted to do was help out in the planning and estimating. Upon returning to Okinawa, we used techniques that allowed us not only to finish it more quickly but also more safely than ever. When the crew pulls together like that, that's another piece of quality work going to our customer."

SW1(SCW) Vernis Burlie and BU2 Aurelio Preza had the honor of leading their crews in the completion of the Schwab Seawall at Marine Corps Base Camp Schwab. Faced with rainstorms, flooding and muddy conditions, the seawall project crew finished the project in April.

"I used some of the construction techniques that were created by the battalion when we were here in 2000," Preza explained. "We controlled the flooding and dealt with the mud and we just finished what we started ahead of schedule. Marines from Schwab would come by in their amphibious vehicles, look up at the wall and tell us we did an excellent job there."

The U.S. Army garrison at Torii Station benefited from Charlie's expertise with the construction of 12 Sea Huts (the name is derived from Southeast Asia, reflecting their extensive use during the Vietnam Conflict).

"The Army folks were very appreciative of what we built for them," mentioned BU2 Ruth Barbieri, project supervisor. "The huts had all the amenities of a modern office, complete with lighting, phone lines, hot and cold-running water and air conditioning."

It wasn't all work and no play during the deployment. Charlie Company took advantage of tours, company get-togethers and the few and adventurous that went out and explored the many sights and sounds of Okinawa.

"There were even a few of us that went off the regular path and saw stuff we would have never seen before," said UTCA Kimberly Solum as she wrapped packages at the post office. "A lot of Charlie Company people have gone diving and snorkeling at some of the best dive sites on the island. Some guys have found some mountain bike trails in the northern part of the island, so there was no excuse from anyone in Charlie or any other company to stay on camp. I had a great time."

With the NMCB-1 turnover complete, the Seabees of Charlie returned to Port Hueneme enjoying a well-deserved break and the return to a longer period of building and training.

NMCB-40 galley crew gets a taste of gourmet cooking



PH3 Lamel J. Hinton

MS3 Elizabeth Turner of Georgetown, S.C. gets tips on how to prepare sushi from master chef Randy Green during a culinary arts lesson the instructor performed.

By JO1 Greg Frazho

NMCB-40 Public Affairs

CAMP COVINGTON, Guam – Food, clothing and shelter are all a person really needs to

survive. The first item on this list can vary greatly, and for the members of Naval Mobile Construction Battalion (NMCB) Forty, improvements are on the way.

The group of people charged with producing quality sustenance for the Seabees of NMCB-40 is the galley crew. Their job is neither easy nor glamorous. Recently, though, a gourmet chef from Florida arrived in Camp Covington to provide some classroom instruction and hands-on training to help the mess management specialists (MS) do their job better and with a little more style.

"I'm here teaching a professional cooking course recognized by the National Restaurant Association," said Chef Randy Green of the Southeast Institute of Culinary Arts. "It's a management course.

It's pretty good and it's up to date. Industry standards are taught in the text, and we're also doing some hands-on."

The institute is based in St. Augustine, Fla., and Green regularly makes trips to military locations to assist and impart his cooking

experience to Seabees. Green, a native of Jacksonville Beach, Fla., will be with Fighting 40 for about two weeks. The initial phase of training took place in the classroom. Now they're working in the kitchen.

"I travel seasonally," said Green. "I teach all kinds of cooking. Here in Camp Covington, I'm teaching cooking fundamentals and techniques. My specialty is seafood and pastry cooking. I also work with chocolate and do cake decorating." In fact, he brought textbooks and course outlines with him. They are now in the possession of the galley staff.

Some of the recipes, particularly in the pastry section, are enough to make your mouth water just reading about it. For instance, the recipe for chocolate ganache (dark) has three ingredients: 1 pound of chopped chocolate, 1 ounce of flavor and 16 ounces of heavy cream. That's how you make chocolate truffles. Also tasty is Green's sushi. The popular Japanese food, rice and crab meat wrapped in a seaweed roll and then sliced, goes down very well with a splash of wasabi spice.

With a resume like that, you'd think the master chef might have a problem with his weight. Not so, according to Green. He runs six miles, three days a week and takes his skills to Sailors all over the world, always on the move. The chef's credentials include working with the naval communities in

Pensacola and Jacksonville, Fla., and Kings Bay, Ga. In Pensacola for a flight symposium in 1996, Green's fare was enjoyed by President George Bush Sr.

While he may not be serving heads of state, Chef Green's current audience is equally eager to learn and sample. "He's teaching us a lot about spices and herbs, different types of soups, menus, sanitation and food-borne illnesses," said MS3 Elizabeth Turner, wardroom supervisor. "My favorite part was the hands-on training when we made sushi. I can also make hors d'oeuvres. I'm enjoying the training."

"It's the second time I tasted sushi and it was good," said MS3 Guadalupe Ramirez, the galley's records keeper. "There's a lot of new stuff I learned, particularly with the textbook. Individual dishes are good because you don't have to make a large batch of food."

"I enjoy it and I wish we could do more," said MS3 Esmeralda Prestosa, a galley watch captain, of the gourmet training. "I like the hands-on training. It'll help me be more creative. I like preparing Asian food. That's the first time I tried sushi with wasabi."

"I like teaching," said Green. "I find they're hungry for knowledge. The course instills a sense of pride. Some of these guys really get into what they do. They really like the food. They're responsible for the health, morale and welfare of the troops."

See Center Spread

See Center Spread

'The Professionals' become partners with E. O. Green JHS

Story & photos by JO1 (SW) Scott Sutherland

NMCB-5 Public Affairs

Once again, "The Professionals" of Naval Mobile Construction Battalion (NMCB) Five are living up to their own nickname by partnering with a local middle school to help foster improved education and to encourage students to excel.

It's the first time in over a year that a Port Hueneme-based construction battalion has agreed to help tutor math and reading, and assist with physical education classes at E. O. Green Junior High School. The cooperative effort is part of the Navy's Partnership for Excellence Program (PEP).

PEP volunteers focus on improving scholastic achievement, social and life skills and providing vocational guidance. Previous partnerships between the Navy and schools throughout the country included Adopt-a-School, Saturday Scholars and Science Fair sponsorships.



BU2 (SCW) Ian Davis interviews an 8th grader at E. O. Green Junior High School during the school's Portfolio Fair June 5. Davis was one of nearly 20 NMCB-5 volunteer Seabees who spent time at the school during the event.

Every Monday and Wednesday afternoon, NMCB-5 Seabees put aside their camouflage uniforms and don either their working or service dress uniforms for classroom tutoring, or physical training gear for P. E. classes. According to E. O. Green Junior High School Principal Dr. Nancy Hill, Seabees will help on the playground and on sports fields for P.E. classes because the school's 6th grade teachers sometimes teach up to eight classes a day. "For them, P.E. is not a top priority," said Hill, "although they do have P. E. lesson plans for the volunteer Seabees to follow."

She said that having Seabees come to the school as tutors sends a positive message to the students. "The Navy is well respected in the Port Hueneme community," said Hill. "Having Seabees tutor our students is much different than having parents volunteer in the classroom. It sends a message to students that school is important. Seabees make good role models."

"This program is a great community service," said the battalion's PEP coordinator, Ensign James Trout, a native of Staunton, Va., "and it's a great way to put the Naval Construction Battalion Center and NMCB-5 in a good light in the community. It's a great recruiting tool, too."

Trout added that Seabees' involvement in the Partnership for Excellence Program shows there's more to "The Professionals" than just the things they do at work.

One of E. O. Green's biggest 8th grade student projects is the annual Portfolio Fair, which was held June 5. Hill said 8th graders presented to the community all the work they did throughout the school year, including lessons in math, science, history and literature. It was also the first big event for "The



Students at E.O. Green Junior High School were interviewed by school administrators and NMCB-5 Seabee volunteers during the Portfolio Fair. Here, CE3 (SCW) Sophia Harrison (middle) and IT3 Frances Sanchez (right) review a student's project.

Professionals" since they partnered with the school. Seabees interviewed students, asking them what was most challenging about their portfolio work, what they learned while doing it, and how would they change the work they were less than satisfied with.

BU2(SCW) Ian Davis, NMCB 5 Charlie Co., said that part of the interview process was to assess people skills. "One of the students I interviewed had great people skills, made good eye contact, and was very confident," said Davis.

All that information and an assessment of student's work were noted in the portfolio worksheet each interviewer received before they started.

"The Portfolio Fair helps prepare our 8th graders when they take it to the next level, which in this case is high school," said Hill.

Catholic chaplain lends part-time services to NMCB-5

Story & photo by JO1(SW) Scott Sutherland

NMCB-5 Public Affairs

Naval Mobile Construction Battalion (NMCB) Five Chaplain Lt. Cmdr. Ronald Cooley has detached for school which starts in July. Until the battalion's next chaplain, Lt. Terry Roberts, arrives in August, the battalion would have been without a chaplain. Naval Base Ventura County has been gracious enough to assist with the spiritual and counseling needs of "The Professionals" by providing an interim chaplain.

Navy Chaplain Lt. Cmdr. Donald Moss, the only Catholic chaplain assigned to NBVC chaplain's staff and a native of Wheatland, Wyo., currently spends three afternoons a week at the battalion, courtesy of NBVC Senior Chaplain Cmdr. Barry Brimhall.

Moss, who just arrived to NBVC from the chaplain's office at Naval Air Weapons Division China Lake, is working Monday and Wednesday afternoons at NMCB-5. He spends the other two days supporting the needs of service members at NBVC Point Mugu. He also does Sunday masses at NBVC.

Besides being the only Catholic chaplain to serve the needs of Navy members and their families in the Ventura County area, Moss is also a trained marriage and family counselor. He encourages anyone in the battalion to see him about marital issues.

"Readiness is an issue of good marital and good family relations," he said. "And I help Seabees with that. My philosophy is that every person is important. We all need to relate to God and to each other."

A construction battalion environment isn't anything new to Moss. While assigned to the chaplain's office in Okinawa,

Japan, he supported Seabees at Camp Shields. "They always need a priest to do mass for the Catholics there," said Moss.

"I took the assignment at NBVC because I wanted to work with a Seabee battalion," he said. "I've always liked working with Seabees."

"It's great to have him here," said RP2 Derrick Sturgis of NMCB-5's chaplain's office and a native of Millsboro, Del.

"Since Chaplain Cooley left, I've been working more closely with the Naval Construction Center Port Hueneme's chaplain office, mostly scheduling appointments for any Seabee who needs to speak with a chaplain."

Anyone who would like to talk to Chaplain Moss can call 982-4947. His office is on the second deck of NMCB-5 Building 1437.



Father Donald assists with chaplain duties and counseling at NMCB-5.

NBVC aquatics summer programs and hours

Junior Lifeguard Program

Session I - June 24 - July 19

Session II - July 22 - Aug. 23

Monday - Friday - 11 a.m. - 3 p.m.

Open to children 10 years of age and older

Held at the Port Hueneme Pool

Includes ocean training at Mugu Beach

\$95 per session

Swim Lessons offered in two week sessions

Held Monday - Thursday

Port Hueneme Aquatics Center

Sessions begin - July 1, July 15, July 29, Aug. 12

Point Mugu Aquatics Center

Sessions begin - July 8, July 22, Aug. 5, Aug. 19

Dive-In Movies

BBQ, movie, swimming fun, relays & games - \$4.50 per person 6-9 p.m. Bring your family, friends & inflatables for summertime fun!

At the Port Hueneme Pool: July 12, July 26, Aug. 9, Aug. 23

At the Point Mugu Pool: July 5, July 19, Aug. 2

Lifeguards are on duty at Mugu Beach

Monday through Friday - 11 a.m. - 4 p.m.

Saturday, Sunday & Holidays 10 a.m. - 6 p.m.

Water Aerobics - 982-4726**Port Hueneme site:**

Monday - Friday 11:30 a.m. - 12:30 p.m.

Monday - Thursday 5:30 - 6:30 p.m.

Saturday 9:30 a.m. - 10:30 a.m.

Point Mugu site:

Monday & Wednesday 11:45 a.m. - 12:30 p.m.

5:30 - 6:30 p.m.

Saturday 10 - 11 a.m.

Free for active duty military personnel!

Fee for family members of active duty military personnel is \$15 per month.

All other eligible patrons - \$18 per month or \$3 per class.

Learn to SCUBA Dive

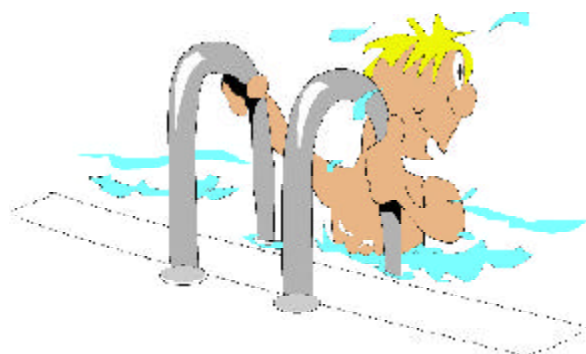
Easy three-step program will have you diving in no time. PADI certification program.

Tanks, regulators, BC's, weights, wetsuits and hoods included in course fee. Call 982-4752 for information.

NBVC Aquatics Centers are open every day 11 a.m. - 7 p.m. through Labor Day, Monday, Sept. 2.

Have a great summer!!

Please call 982-4752 or 989-7788 for more information.



Shining Sailors...



CE2 Adrian Cotton, right, receives a Navy-Marine Corps Achievement Medal from NMCB-5 Commanding Officer Cmdr. David Fleisch. Cotton was commended for his actions May 16 involving basic life support techniques he used on a shipmate who was stricken with a heart attack near battalion headquarters.



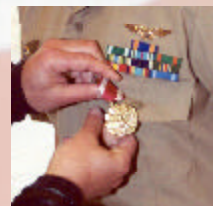
PN2 (SCW) Asim Durakovic, right, receives a Navy-Marine Corps Achievement Medal from Cmdr. David Fleisch.



Cmdr. David Fleisch, left, presents BU2 Raymond Wright with a Navy-Marine Corps Achievement Medal.

NMCB-5 award photos by JO1 (SW) Scott Sutherland

NMCB-3 award photos by JO2 Maria L. Blanchard



BUC (SCW) Terrance Greenlaw of NMCB-3 receives a Flag Letter of Commendation from Rear Adm. Jose L. Betancourt, Commander Navy Region Southwest.



UT2 (SCW) Michael Johnson receives a Navy-Marine Corps Achievement Medal from Cmdr. David Fleisch.

For submissions of military awards of your command or department's shining Sailors, contact PH3 Brian L. Bynem at NBVC Public Affairs.

e-mail: bynembl@nbvc.navy.mil

Phone: (805) 989-9266

Please send photos or high resolution, 300 dpi, .jpeg digital images with a full caption of all persons appearing in the photo including first names and ranks, the award description, and the photographer's name for recognition.

WHAT'S PLAYING

At The Movies

Port Hueneme

Thurs., July 4	"CLOSED"
Fri., July 5	7 p.m. About a Boy 9 p.m. Insomnia
Sat., July 6	2 p.m. Spirit: Stallion of the Cimarron 7 p.m. Enough 9 p.m. Unfaithful
Sun., July 7	7 p.m. The Sum of all Fears
Thurs., July 11	7 p.m. Spiderman
Fri., July 12	7 p.m. Enough 9 p.m. Insomnia
Sat., July 13	2 p.m. Spirit: Stallion of the Cimarron 7 p.m. K-19 The Widowmaker (Free) 9 p.m. Undercover Brother
Sun., July 14	7 p.m. Bad Company

Mugu Theater

Fri., July 5	7 p.m. John Q 9 p.m. We Were Soldiers
Sat., July 6	7 p.m. John Q 9 p.m. Resident Evil
Sun., July 7	2 p.m. The Rookie
Fri., July 12	7 p.m. Showtime 9 p.m. 40 Days and 40 Nights
Sat., July 13	7 p.m. Showtime 9 p.m. Brotherhood of the Wolf
Sun., July 14	2 p.m. Ice Age

About a Boy (PG-13), Starring Hugh Grant and Toni Collette. A British man believes dating single mothers is less emotionally complicated only to have his eyes opened by his growing friendship with a troubled 12-year-old boy.

Insomnia (R), Starring Al Pacino and Robin Williams. An LAPD detective travels to Alaska during the constantly sunlit summer to try and solve a small-town murder. However, the investigation grows more complex when the cop makes a deadly mistake of his own.

Unfaithful (R), Starring Richard Gere and Diane Lane. A successful suburban New York couples' marriage hits the skids when the wife has an extramarital affair with deadly consequences.

Spirit: Stallion of the Cimarron (G), Starring Matt Damon and James Cromwell. Animated adventure about a mustang's experiences with humans in the old West. Raised in the wild, he is captured by brutal U.S. cavalry officers, befriends a Lakota tribesman and meets a beautiful mare.

K-19: The Widowmaker (PG-13), Starring Harrison Ford and Liam Neeson. A Soviet Navy captain's maiden voyage on a new nuclear submarine turns into a nightmare when he's caught between a military standoff, a trigger-happy Kremlin, and a ship riddled with potentially catastrophic technical problems.

Spider-Man (PG-13), Starring Tobey Maguire and Willem Dafoe. A nerdy high-school student who, after being bitten by a genetically modified spider, gains arachnid-like agility, super-strength, and web-slinging abilities. He uses his new found talents to fight crime, particularly the anarchic rampage of a super-villain known as the "Green Goblin."

Enough (PG-13), Starring Jennifer Lopez and Bill Campbell. A young wife flees her abusive husband with their daughter, only to have him stalk her across several states. When all else fails, she takes to vigilante justice to solve the problem.

Undercover Brother (PG-13), Starring Eddie Griffin and Denise Richards. Comedy about an African-American vigilante trying to foil "The Man's" evil scheme to distribute mind-control drugs through fried chicken, and kidnap James Brown. To do so, he must infiltrate the white establishment, trading his big lapels and platform shoes for crew-necks and loafers.

Bad Company (PG-13), Starring Anthony Hopkins and Chris Rock. A streetwise hustler who is swept into a web of international intrigue when his long-lost twin brother is killed on a top-secret mission.

John Q. (PG-13), Starring Denzel Washington and Robert Duvall. A law-abiding father, after his terminally ill son is denied the transplant he needs by a health-insurance firm, takes a hospital emergency room hostage.

We Were Soldiers (R), Starring Mel Gibson and Sam Elliott. Follows a battalion of American soldiers on a late 1965 foray into a secluded valley in central Vietnam which just happens to be surrounded by 2,000 North Vietnamese regulars.

Resident Evil (R), Starring Milla Jovovich and Michelle Rodriguez. A special military unit investigates an accident at a top-secret research facility only to discover that killer zombies have overrun it.

The Rookie (G), Starring Dennis Quaid and Rachel Griffiths. Pitcher Jim Morris' journey from high-school teacher to 35-year-old rookie for the Tampa Bay Devil Rays.

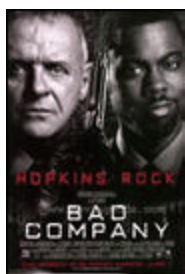
Showtime (PG-13), Starring Robert De Niro and Eddie Murphy. A showboating publicity hound and a no-nonsense detective are paired together for a *Cops*-like reality show.

Ice Age (G), Starring Ray Romano and John Leguizamo. Computer-animated, prehistoric-era comedy about a mammoth and a sloth who find a human infant and are forced to rely on the help of a saber-tooth tiger to return the baby to its tribe.

Brotherhood of the Wolf (R), Starring Samuel Le Bihan and Mark Dacascos. An 18th-century royal envoy and his kick-boxing Native-American blood brother, are sent to investigate dozens of grisly murders in central France, deaths that the locals blame on a ravenous nocturnal beast.

The Sum of All Fears (R), Starring Ben Affleck and Morgan Freeman. A young CIA agent stumbles upon the plans of a major terrorist attack with a full-fledged nuclear weapon.

40 Days and 40 Nights (R), Starring Josh Hartnett and Shannyn Sossamon. After splitting with his sultry girlfriend, a young man swears off women for the 40 days of Lent, which in turn starts a nationwide betting pool.



Navy-Marine Corps Relief Society News

As soon as a couple learns they are going to have a baby, especially for the first time, it's time to start planning. A good place to start is the Navy/Marine Corps Society Budget for Baby Class. The classes help families plan and budget for the added expenses when their babies arrive. To start a family off on their wonderful new adventure, NMCRS gives a free "Babies First Seabag" filled with undershirts, bibs, socks, layette gowns, a "crocheted with love" blanket and much more valued at \$70.

This gift is provided for all ranks. Classes are held on the second Tuesday of every month at the following locations and times:

Port Hueneme NMCRS, 6-8 p.m.
Point Mugu FFSC, Room 2, 9-11 a.m.

Please bring a valid military I.D. card, service member's military address, and a current LES. Please call 982-4409 to register for class. The next class date is July 9, 2002.



Chapel Schedule

Point Mugu

For information please phone 989-7967.

Worship

Sunday Mass: 9:30 a.m.

Sunday Protestant Worship: 11:15 a.m.

Weekday Mass: Tuesday & Thursday at 11:30 a.m.

Religious Education

Childrens Worship: Sundays at 9 a.m.

Catholic CCD: Sunday at 10:30 a.m.

Sacrament of 1st Holy Communion: Tuesday at 4 p.m.

Port Hueneme

For information please phone 982-4358.

Worship

Saturday Mass: 5 p.m.

Sunday Mass: Noon

Sunday Protestant Worship: 9:45 a.m.

(Children's Church for ages 3-9)

Christian Science Service: 2 p.m.

Weekday Mass: Monday & Friday at 11:30 a.m.

Weekday Eucharistic Service: Tuesday, Wednesday and Thursday at 11:30 a.m.

DoD Moves to Improve Charge Card Programs

By Department of Defense

WASHINGTON (NNS) – Under Secretary of Defense (Comptroller) and Chief Financial Officer Dov S. Zakheim announced June 27 the results of a task force review into use and management of government charge cards by the Department of Defense (DoD).

In March 2002, Secretary of Defense Donald H. Rumsfeld directed Zakheim to review the charge card programs following reports of charge card misuse within the department and to recommend changes to improve DoD charge card performance.

Key task force recommendations include holding DoD accountable officials liable for misuse of purchase cards through new financial measures; pursuing alternative channels for prosecuting fraud; and deploying new data mining technology to automatically detect suspicious transactions.

Many of the recommendations focus on tightening management of DoD charge card programs. DoD will also strengthen internal controls and training, reduce the number of travel cardholders, limit the number of purchase card accounts within the scope of each responsible reviewing official, and enforce the range of sanctions available to commanders and supervisors for those who misuse or abuse the charge cards.

Zakheim and Under Secretary of Defense (Acquisition, Technology & Logistics) E.C. "Pete" Aldridge will oversee implementation of the recommendations, many of which will be done on an expedited basis.

In highlighting the findings of the task force, Zakheim stressed that the vast majority of DoD personnel manage government credit

cards appropriately. "The recommendations being announced today will greatly reduce the likelihood of any misuse, but the department's work is not over. We must continue to pay attention to charge card management after this initial round of changes is implemented," he explained.

DoD uses two major charge card programs, which help save millions of dollars in administrative expenses: purchase cards to buy certain goods and services directly from private sector vendors, and travel cards to pay expenses of DoD personnel during official travel.

Purchase cards allow DoD to save an estimated \$20 per transaction compared to the previous system of tedious processing of purchase requests. Savings over the past eight years exceed \$900 million. In fiscal 2001, the department had 207,025 purchase card accounts totaling \$6.1 billion in DoD spending. This extensive, decentralized use of purchase cards facilitates the efficient procurement of goods and services, but it also requires reliable controls to prevent misuse.

The travel card virtually eliminates costly processing of advanced travel payments to DoD personnel. DoD, its civilian employees, and its military members have a combined total of more than 1.4 million travel card accounts and made \$3.4 billion in charges in fiscal 2001. Problems in the travel program targeted for correction include improper purchases and late payment of charges.

Details of the task force recommendations are in the "Task Force on DoD Charge Card Programs Final Report."

See CHARGE CARDS, page 24

Navy seeks blood donors to beef up summer supply

By Brian Badura

Bureau of Medicine and Surgery Public Affairs

WASHINGTON (NNS) - Summer is here and chances are your calendar is filling with vacation and warm weather plans. But the Navy Blood Program hopes you'll find time to help members of the military community by giving blood.

"The demand for blood is the same year round, but the donations tend to fall off during the summer months," said Lt. Cmdr. Michael Libby, MSC, deputy director of the Navy Blood Program at the Bureau of Medicine and Surgery.

How important is your donation? Consider that each year, military blood donor centers need to collect 110,000 units of whole blood to meet the needs of the military community.

"The donations we receive help support Department of Defense (DoD) beneficiaries, as well as overseas commitments like Operation Enduring Freedom," said Libby.

Giving blood is simple and takes about an hour. Donors should be in good health, weigh at least 110 pounds and not have made a donation in the past 56 days. There is no maximum age limit for giving blood, but donors should be at least 17 years of age. There are some additional restrictions for prospective donors who lived in Europe since 1980 as a precautionary measure against the spread of mad cow disease.

Servicemembers, spouses, retirees, and DoD civilian employees are all encouraged to give through the Navy Blood Program.

Donation centers are located at Armed Services Blood Donor Center, National Naval Medical Center Bethesda, Md., Navy Blood Donor Center, Naval Medical Center Portsmouth, Va., Navy Blood Donor Center, Naval Medical Center San Diego, Navy Blood Donor Center, Naval Hospital Great Lakes, Ill., Navy Blood Donor Center, Naval Hospital Charleston, S.C., Armed Service Blood Bank Center, U.S. Naval Hospital Okinawa, Japan, and U.S. Navy Blood Donor Center, U.S. Naval Hospital Guam.

The centers also sponsor blood drives, visiting military and federal installations throughout the U.S. and overseas to make it convenient for donors to give. Watch for drive notices where you work.

For more Navy Medicine news, go to www.news.navy.mil/local/mednews.

Smooth sailing ahead for 'Saluting Sailors and their families' travel contest

By Robin A. Hillyer Miles

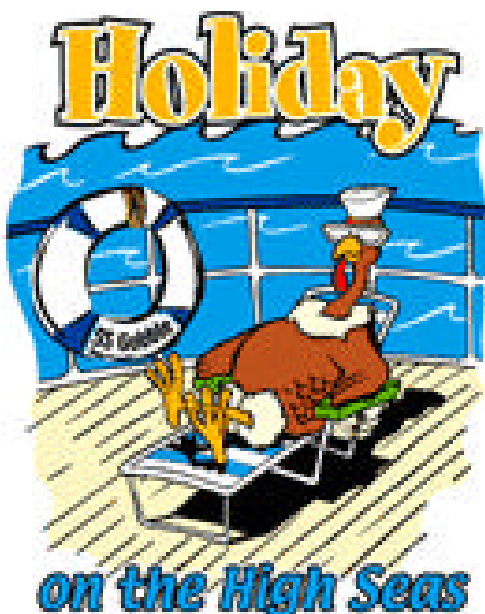
Navy Personnel Command MWR Division Public Affairs

MILLINGTON, Tenn. (NNS) -Smooth sailing is ahead for Navy Morale, Welfare and Recreation's (MWR) Saluting Sailors and Their Families program.

The goal of this program is to thank the Navy's active-duty Sailors, Reservists and their families for their personal sacrifices and commitment to keep this nation, and others, free. The program consists of numerous trips considered by past winners as "events of a lifetime." Entry is free.

Sound too good to be true? Sorry you missed an opportunity to win? The opportunity arises again this summer to enter two contests occurring later this year: Thanksgiving Week Caribbean Cruise — Holiday on the High Seas, and New Year's Eve in New York City II. Beginning July 8, go to www.mwr.navy.mil and select "Saluting Sailors and Their Families." Additional details will be released soon.

"Saluting Sailors and Their Families is a program designed to show appreciation to, promote quality of life for, and support the sacrifices being made by Navy Sailors and their families since the events of Sept. 11," said Ron Rossman, head of Navy Motion Picture Services (NMPS), and leader of the Saluting Sailors team. "This three-pronged program in-



cludes travel contests, movie sneak previews and base-level community support grants. Since it's implementation in late 2001, Saluting Sailors and Their Families has touched approximately 230,000 Sailors and family members, which is more than 20 percent of the Navy."

For more information on the travel contest program, go to www.mwr.navy.mil and select "Saluting Sailors and Their Families," where you will find updates on past, current and future contests. You may also receive an official entry form and the official rules by e-mailing contestinfo@persnet.navy.mil.

The next two contests have four ways to enter: e-mail, Web submission, standard mail and fax. Your local MWR office has entry forms and information.

Entrants must be active-duty members or lawful dependents of the following: the Armed Forces; the Individual Ready Reserve (IRR) and Selected Reserve (SELRES), and active-duty members of the other Uniformed Services, or a family member serving, stationed or residing at a Navy installation, station, unit or ship. Only one member per family will be eligible to receive a prize. Winners of previous Saluting Sailors and Their Families contests are ineligible to participate in current or future contests for one calendar year from date of prize trip.

For more MWR contest information, go to www.mwr.navy.mil.



The changing family life

By Suzanne Oglesby, MFT

FFSC

Current statistics state that 50 percent of marriages since the '70s are likely to end in divorce. For second marriages, the estimated rate of divorce is 60 percent. Stepchildren make up 20 percent of all children in married-couple families. As many as one third of children born in the '80s may live with a step parent by the age of 18. In 1980 there were almost 6.1 million children living with stepfamilies. In 1985 6.8 million children lived with step families.

Unlike the traditional nuclear family, the stepfamily is born of loss. The family member has experienced the tragedy of divorce or death or separation from a parent or spouse. The after affect of the experience can leave a lingering affect for

years. The survivors eventually form a new family and soon discover the pitfalls of the newly formed family and the complexities of adjusting. There are more people tugging and challenging the stepfamily. The changes and adjustment do test the stability of the marital relationship. The transformation of the family marks a new era for definition of roles in relation to children and parenting within the context of change. The stress of the new role is usually centered on baggage that comes from unresolved issues of the first marriage. There is an expectation that the new partner will relieve them of the baggage.

The stepfamily goes through phases in the adjusting. The phases are pitfalls or possibilities. They must first deal with the pitfall of

myths and illusions of bliss. There are possibilities to enjoy by learning to love again and recognizing the potential of the new family experience.

The traditional family is formed with a fresh start and usually without experience. The stepfamily comes to the family with experience and an opportunity to be more informed. The past crisis or loss can be the experience that catapults potential for change. When undertaking the stepfamily process, consider it another chance given for perhaps redemption or restoration for all family members. The new stepfamily must move to a new definition for itself and consider the new experience as another chance to make a difference for the ones that they have been entrusted with.

Point Mugu

Please call 989-8146 for further information or to sign up for classes.

Executive TAP, July 8-11, 8 a.m. - 4 p.m., Bldg. 116

Moving On Support Group, July 10 & 17, 6:30 - 8 p.m., Bldg. 116

Successful Step Families, July 16, 6:30 - 8 p.m., Bldg. 116

Play Mornings, Every Tues. 9 - 11 a.m., Chapel Nursery

Preparation Briefs, Every Thurs., 2 p.m., Bldg. 116

Port Hueneme

Please call 982-4117 for further information or to sign up for classes.

Base Indoc, July 10-12, 7:30 a.m. - 4 p.m., Bldg. 1169

Personal Financial Management, July 10, 8 a.m. - 4 p.m., Bldg. 1169

Relationships, July 10 & 17, 5:30 - 7 p.m., Bldg. 1169

TAP, July 15-18, 7:30 a.m. - 4 p.m., Bldg. 1169

Boot Camp for Dads, July 17, 6 - 9 p.m., Bldg. 1169

Retired Activities Office, Daily, 8 a.m. - 4 p.m., Bldg. 1169

Preparation Briefs, Every Tues. 2 p.m., Bldg. 1169

Baby & Me, Every Thurs., 11:00 a.m. - Noon, Bldg. 1169

Retired Capt. James Bankston Caughman, Jr. remembered

by George Ward Shannon, Jr., Ph.D.

Former Navy Captain James Bankston Caughman, Jr., 77, of Callawassie Island, S. C., died Friday, June 7, 2002, in Beaufort Memorial Hospital. Caughman served numerous military tours in Port Hueneme and made significant contributions to the Seabees' heritage through his role as the marketing manager for the CEC/Seabee Museum.

Caughman was commissioned an ensign in the Civil Engineer Corps in June 1958. He enjoyed a rich and distinguished career, with more than 29 years in the U.S. Navy. His Seabee tours included serving as operations officer with Naval Mobile Construction Battalion (NMCB) 7 and as commanding officer of NMCB-10. During his career he served

in public works assignments in Bermuda, Guam and at Naval Facilities Engineering Command headquarters. His tour as commanding officer, Civil Engineer Corps Officers School in Port Hueneme was followed by a tour as Commander, Naval Construction Battalions, U.S. Atlantic Fleet. His final tour in the Navy was as commanding officer, Naval Civil Engineering Laboratory, Port Hueneme. His decorations included the Legion of Merit with Gold Star, Meritorious Service Medal with Gold Star, the Humanitarian Service Medal and Navy Unit Commendation.

Following his retirement, Caughman became an engineering and management consultant; he worked on an automated facilities management project for Unisys Corporation, and served as the marketing manager for the CEC-Seabee Museum in Port Hueneme.

As marketing manager for the CEC-Seabee Museum, Caughman's work with numerous tourism-related organizations helped to promote the museum and its mission increasing community awareness and museum tours. He also employed his managerial talents to computerize and create a profitable gift shop inventory.

Caughman and his wife Anne were also charter members of the Friends of the Bard, a local organization dedicated to preserving the Bard Mansion, the Officers' Club at Port Hueneme. Their involvement was instrumental in the success of the organization and many of its restoration projects.

Capt. Caughman's dedicated service to the Navy and his impact in the local Seabee community have made an indelible mark. Captain Caughman, a great Seabee, will be missed.

CHARGE CARDS, from page 22

The task force included representatives from major DoD organizations and was assisted by the Office of Management and Budget, Office of Personnel Management, the Department of Justice and the General Services Administration. A copy of the report is available on the Web at www.dtic.mil/omptroller/financialindex.html.

A synopsis of key recommended actions is below.

Management Emphasis —

Hold DoD senior leadership responsible for preventing misuse of government charge cards.

Implement metrics to assess progress in

improving charge card programs.

- When charge card abuse is credibly alleged, notify the cardholder's supervisor and security manager and require them to determine whether the allegation affects the cardholder's security clearance.

Directives —

- Issue new directives specifying responsibilities and policies governing charge cards.

- Issue new guidance to ensure that charge card accounts are cancelled when cardholders leave a DoD organization.

Compliance —

- Deploy data mining technology to detect suspicious transactions.

Purchase Card Actions —

- Seek new authority to hold DoD accountable officials (including purchase card holders) pecuniarily liable for illegal, improper or incorrect purchases (legislation was submitted and is pending Congressional action).

- Identify and use additional means to pursue and prosecute fraud.

- Issue full concept of operations to describe requirements for purchase card programs.

- Accelerate electronic billing and certification systems.

- Develop and implement new training materials and courses on purchase cards.

- Establish skills and recommended grade level for a purchase card Agency Program Coordinator (APC).

Travel Card Actions —

- Reduce the number of DoD travel cards by canceling expired and inactive cards.

- Create an exemption to mandatory use of the travel card for certain deployments to locations where it would be difficult for the traveler to ensure a timely reimbursement.

- Evaluate travel card alternatives, such as debit and stored value cards, that may serve some DoD travelers as well, but with less risk of problems.

- Identify improvements in travel process to speed up reimbursements.

PHD NSWC program wins Department of the Navy competition

Story & photo by Nancy Kanter

For NSWC Public Affairs

Port Hueneme Division, Naval Surface Warfare Center PHD NSWC) was home to one of three Naval Sea Systems

Command programs to win the Department of the Navy Competition and Procurement Excellence Award for fiscal year 2001. On June 19, Secretary of the Navy Gordon England announced to the fleet that the PHD NSWC Secure Web-Based Administration Project Team was one of the winners of the competition.

The award recognizes military and civilian personnel in the Department of the Navy who have made the most outstanding contributions to the effectiveness of competition and innovation in Navy and Marine Corps procurement.

"The procurement decisions made by these professionals help shape the Navy and Marine Corps team as it moves into a new era," stated Secretary England in his message. "As a result of the hard work and dedication of these award winners and all others in the acquisition workforce, our Sailors and Marines benefit in terms of a higher state of material readiness, improved quality and more effective mission accomplishment."

PHD NSWC Secure Web-Based Administration Project Team members include Michael Engle, Elke Foss, and James Hall. For a complete listing of the recipients of the Department of the Navy Competition and Procurement Excellence Awards for fiscal year 2001, consult the Secretary of the Navy's message (ALNAV 059/02) at www.persnet.navy.mil/alnav/alnav02/aln02059.txt.



PHD NSWC's Secure Web-based Administration Project Team members are (pictured counterclockwise from top left): James Hall, Michael Engle, and Elke Foss. Department head, Lester Journet, is pictured at top right.

Secretary of the Navy 4th of July Message

By Secretary of the Navy Gordon R. England

WASHINGTON (NNS) — The following is the SECNAV's 2002 Independence Day Message to the United States Navy and Marine Corps:

This year, we celebrate our Independence Day as a nation at war. Two hundred and twenty six years ago, the Declaration of Independence established a new nation. Since that time, the United States Navy and Marine Corps have defended our great Republic and embodied its principles of freedom and liberty. Today, the United States serves as a beacon of hope around the globe.

Our Nation's strong and decisive response to the terrorist attacks of Sept. 11 has demonstrated to the entire world America's patriotism and devotion to duty. Nowhere is that duty to country more evident than in our Navy and Marine Corps. Through your service and sacrifice, our nation and our allies will win the War on Terror.

It is an honor and privilege to serve with you. Around the world, Sailors and Marines are answering our nation's call through their service and sacrifice. Your magnificent performance during Operation Enduring Freedom honors the legacy of our founders and forefathers who sacrificed so much to make America great.

My most sincere wishes for a safe and enjoyable Fourth of July. God Bless each of you, your families, and the United States of America.

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